



Dear Parents:

We are thrilled to offer this exciting Outdoor School opportunity to your child! Camp SEA Lab's mission is to provide hands-on marine science opportunities for youth that encourage scientific understanding of our coasts and ocean. To help prepare for your experience, please review the following information:

Form Checklist:

Your child will be allowed to participate in Camp SEA Lab **only** if all of their forms are completed and signed. Please review, complete, **sign**, and return the following to your child's teacher. Be sure to document any health issues so that we can provide proper care in an emergency.

- | | |
|---|--|
| <input type="checkbox"/> Health Form | <input type="checkbox"/> Kayak Liability Release Form (only if applicable) |
| <input type="checkbox"/> Liability Waiver | <input type="checkbox"/> Youth Health-Care Form (only if applicable) |

Packing List:

Coastal weather is highly unpredictable. We recommend bringing a waterproof jacket and clothes that can be worn in layers. We hike rain or shine! Please label all items with your child's name.

- | | |
|---|---|
| <input type="checkbox"/> bag lunch for the 1st day | <input type="checkbox"/> 3 pairs pants and shorts |
| <input type="checkbox"/> medications (Rx and OTC) – give to teachers before leaving school. | <input type="checkbox"/> 2 jackets or sweatshirts |
| <input type="checkbox"/> 1 reusable water bottle, labeled with child's name | <input type="checkbox"/> 1 rain jacket |
| <input type="checkbox"/> 1 trail backpack | <input type="checkbox"/> 4 shirts |
| <input type="checkbox"/> 1 sleeping bag & pillow | <input type="checkbox"/> 4 pairs underwear and socks |
| <input type="checkbox"/> 1 pair pajamas | <input type="checkbox"/> 1 shower towel |
| <input type="checkbox"/> 1 pair athletic shoes (sneakers) | <input type="checkbox"/> 1 plastic bag for dirty clothes |
| <input type="checkbox"/> 1 pair closed-toe water shoes | <input type="checkbox"/> toiletry kit to include: sunscreen, comb/brush, shampoo, toothbrush & toothpaste, soap & deodorant |
| <input type="checkbox"/> 1 pair sandals with a heel strap (optional) | <input type="checkbox"/> hat, sunglasses, camera, book (optional) |

Please leave at home:

Food including candy and drinks, electronic items (e.g. tablets and cell phones), valuables (e.g. jewelry and money), pocket knives, and other weapons.

Student Behavior Expectations:

Please take a moment to discuss the following expectations with your child prior to Outdoor School.

Program Guidelines

- ♦ Be respectful to everyone
- ♦ Work together
- ♦ Be on time
- ♦ Protect living things, leave them in their homes
- ♦ Don't throw rocks, sticks or sand
- ♦ Stay in camp boundaries & with your pod
- ♦ Walk, don't run
- ♦ Use the trashcans or recycle bins
- ♦ No graffiti or defacing camp property

Dorm Guidelines

- ♦ Respect chaperone's authority
- ♦ Respect everyone's space and property
- ♦ The only dorm you may go into is your own
- ♦ Wait for a chaperone before entering your dorm
- ♦ After lights out, stay inside and keep quiet
- ♦ Don't roughhouse, argue, or fight
- ♦ No put-downs, foul language or dirty jokes
- ♦ Keep your dorm & restrooms clean
- ♦ Quiet Hours: 9:30pm – 7am

Emergency Policy:

In case of emergency or any behavioral concerns, our staff will contact a parent or guardian. Camp SEA Lab reserves the right to send a student home in the event of a major illness or behavioral problem. It is the parent/guardian's responsibility to pick up their child. In the event of a medical emergency, 911 will be called or students will be taken to Watsonville Community Hospital, in Watsonville, CA. Students may not be reached directly by phone, but emergency messages can be left with Camp SEA Lab Program Staff and will be passed on to the appropriate recipient. Our contact numbers:

Camp SEA Lab Office: (831) 582-3681

Camp SEA Lab Program Cell: (831) 324-8734